

## Recognition

- **The American Psychological Association** has recognized biofeedback as a proficiency in professional psychology.
- **BCIA** certification requirements are listed as the standard in several bills currently before legislature dealing with the provision of clinical biofeedback services.
- **BCIA** certification is recognized as the standard in the field by **The Association for Applied Psychophysiology & Biofeedback (AAPB)** and **The International Society for Neuronal Regulation (ISNR)**, the premier biofeedback and neurofeedback membership associations.
- **The Centers for Medicare and Medicaid Services (CMS)** and the private insurance industry have each determined criteria for recognition and reimbursement pertaining to biofeedback interventions.
- **The American Medical Association** has revised and assigned specific CPT codes to be utilized for biofeedback clinical intervention.
- **BCIA** is a member of the **National Organization for Competency Assurance (NOCA)**.

*We wish to thank the **National Organization for Competency Assurance (NOCA)** for their contributions to this document and their support of certification.*

*For questions or additional copies of this brochure, please contact:*



Biofeedback Certification Institute of America  
10200 W. 44th Avenue, Suite 310, Wheat Ridge CO 80033  
303-420-2902 [www.bcia.org](http://www.bcia.org)  
email: [bcia@resourcenter.com](mailto:bcia@resourcenter.com)

BCIA  
10200 W 44th Ave Suite 310  
Wheat Ridge CO 80033-2840  
[www.bcia.org](http://www.bcia.org)



## Certification in Biofeedback:

More than  
Qualified –  
BCIA Certified!



**Biofeedback  
Certification  
Institute of America**

## What is Biofeedback?

**Biofeedback** includes a group of non-drug procedures that teach patients how to control physiological responses with the help of electronic instruments, under the guidance of a skilled biofeedback professional.

**Biofeedback** has been found to be effective in the treatment of pain, headaches, anxiety and stress related disorders, ADD/ADHD, elimination disorders, neuromuscular rehabilitation, addictions, hypertension, and sleep disorders, among others.

**Biofeedback** has become one of the most widely accepted treatments because of the strength of its documented scientific research.

## Who is BCIA?

**The Biofeedback Certification Institute of America (BCIA)** was formed in January 1981 to establish and maintain professional standards for the provision of biofeedback services and to certify those who meet these standards.

**BCIA** is an autonomous, non-profit corporation whose policies and procedures are set by an independent board of directors, comprised of a rotating group of distinguished biofeedback clinicians, researchers, and educators.

**BCIA** currently offers three certification programs:

- General Biofeedback
- EEG Biofeedback (also called neurofeedback)
- Pelvic Muscle Dysfunction Biofeedback for the treatment of elimination disorders and pelvic pain

## What is Certification?

**Professional certification** is the voluntary process by which a non-governmental entity grants a time-limited recognition to an individual after verifying that predetermined and standardized criteria have been met.

Because biofeedback is an unregulated field, certification is crucial for providing standards of care. To be viable as a professional service, standards of competence and clinical practice must be defined and measured. Since 1981, BCIA has taken on this task.

Through the BCIA recertification program, each certificant is held accountable to a code of ethics, obtains specified continuing education, and maintains proper credentialing appropriate for clinical practice.

**To become a BCIA certified practitioner, one must:**

- hold an appropriate degree in a BCIA approved clinical health care field
- meet strict didactic education and clinical training requirements
- pass a written certification exam
- adhere to an ethical code of conduct which states that when working with a medical or psychological disorder, unlicensed providers must work under the supervision of an appropriately credentialed provider.

**More than Qualified  
– BCIA Certified**

[www.bcia.org](http://www.bcia.org)

## Who Can BCIA Help?

- **Consumers** seeking to find a qualified biofeedback provider
- **Professionals** wishing to add this treatment modality to their already established practice
- **Legislators** looking to establish professional standards for clinical biofeedback services
- **Insurance** carriers seeking cost and quality control
- **Worker's Compensation Boards**
- **Centers for Medicare & Medicaid Services**
- **Medical Claim Review agencies**
- **State licensing boards**

## How Can BCIA Help?

**BCIA has been the leader** in establishing professional standards that:

- **protect** the public
- **elevate** the profession
- **establish** quality standards for professional clinical practice
- **meet** the requirements of governmental regulators
- **develop** customized credentials to meet unique needs in the marketplace
- **demonstrate** an individual's commitment to a profession